

LIVE YOUR

best life

GoldenLife

REAL LIVING™

GOLDENLIFE.CA

MAY

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

a GoldenLife Community

COLUMBIA GARDEN
Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 AM: MUSIC PROGRAM (SD) PM: SUNDAY SUNDAES	2 AM: SING-A-LONG (ALC) BIBLE STORIES (ALC) PM: (ND) 	3 REHAB AM: PEDALING GROUP 1-1 REHAB PM: BOWLING (ND)	4 SPACE DAY AM: (SD) CREATIVE CRAFTING - WATERCOLOR PAINTING PM: ASTROLOGY WORD SEARCH	5 CINCO DE MAYO AM: (SD/ND) SENSORY SPA + NAILS PM: HAPPY HOUR! MARGARITAS + SNACKS	6 AM: EQUIPMENT CHECKS 1-1 & SMALL GROUP REHAB PM: OUTDOOR SUNSHINE & WALKS	7 AM: READING TO... CROSSWORD PUZZLE PM: (SD) BALLOON BADMINTON
8 MOTHER'S DAY AM: MUSIC PROGRAM (SD) PM: SUNDAY SUNDAES	9 AM: SING-A-LONG (ALC) BIBLE STORIES (ALC) PM: (ND) 	10 REHAB AM: PEDALING GROUP 1-1 REHAB PM: SIT & BE FIT (SD)	11 AM: ARMCHAIR TRAVEL (STV) PM: FOOD & COOKING - CHOCOLATE HUMMUS (SK)	12 AM: (ND) PM: COLOURING PET THERAPY	13 AM: EQUIPMENT CHECKS 1-1 & SMALL GROUP REHAB PM: <u>BUS OUTING</u>	14 AM: READING TO... WORD SEARCH (ND) PM: OUTDOOR SUNSHINE & WALKS
15 AM: MUSIC PROGRAM (SD) PM: SUNDAY SUNDAES	16 AM: SING-A-LONG (ALC) BIBLE STORIES (ALC) PM: (ND) 	17 REHAB AM: PEDALING GROUP 1-1 REHAB PM: BEANBAG TOSS (SD)	18 AM: HANGMAN (STV) PM: MOVIE & DISCUSSION (STV) HAIRSTYLING - SAM ROGAL	19 AM: (SD/ND) SENSORY SPA + NAILS PM: (ND) CURRENT EVENTS	20 AM: EQUIPMENT CHECKS 1-1 & SMALL GROUP REHAB PM: OUTDOOR SUNSHINE & WALKS	21 AM: READING TO... CROSSWORD PUZZLE (ND) PM: (SD) BALLOON BADMINTON
22 AM: MUSIC PROGRAM (SD) PM: SUNDAY SUNDAES	23 VICTORIA DAY NO ACTIVITY	24 REHAB AM: PEDALING GROUP 1-1 REHAB PM: BOCCE BALL (ND)	25 AM: (SK) BAKING - BIRTHDAY CAKE! PM: (SD) WOODWINDS - GREG SCOTT	26 AM: (ND) PM: (SD) COLOURING MUSIC THERAPY	27 AM: EQUIPMENT CHECKS 1-1 & SMALL GROUP REHAB PM: <u>BUS OUTING</u>	28 INTERNATIONAL HAMBURGER DAY AM: READING TO... HANGMAN (STV) PM: Happy HOUR (SD/ND)
29 AM: MUSIC PROGRAM (SD) PM: SUNDAY SUNDAES	30 AM: SING-A-LONG (ALC) BIBLE STORIES (ALC) PM: (ALC) RESIDENT FORUM @ 2PM	31 REHAB AM: PEDALING GROUP 1-1 REHAB PM: BASKETBALL (SD)	SK - South Kitchen STV - South TV ND - North Dining Room SD - South Dining Room ALC - Alcove			



BIRTHDAYS & ANNIVERSARIES



Ray N.
May 1, 1950

May P.
May 18, 1947



BUS SCHEDULE

Friday, May 13
1:30PM
Drive around Town

Friday, May 27
1:30PM
Picnic @ Kinsmen Beach