

LIVE YOUR

best life

GoldenLife 

REAL LIVING™


















GOLDENLIFE.CA

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

a GoldenLife  Community

GARDEN VIEW
Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 WALKING W/ALW'S 2:30 ICE CREAM 3:30 SAIL EXERCISES 	2 10:00 WALKING W/ALW'S 2:00 BINGO 3:30 SAIL EXERCISES	3 10:00 WALKING W/ALW'S 2:00 CHARADES IN FOYER 3:30 SAIL EXERCISES GROCERY ORDER FORMS DUE	4 10:00 WALKING W/ALW'S 1:30 BUDDS FRIENDS MUSIC ENTERTAINMENT IN GOLDEN ROOM 3:30 SAIL EXERCISES 	5 10:00 WALKING WITH ALW'S 2:00 LIFELINE CHECKS 1 ST FLOOR & LODGE 3:30 SAIL EXERCISES CASUAL/JEANS DAY GROCERY DELIVERY	6 10:00 NAIL PAINTING W/ALW'S 10:30 BUS DOWNTOWN 2:00 BRAIN GAMES IN LIBRARY 3:30 SAIL EXERCISES	7 10:00 WALKING W/ALW'S 1:00 MOTHER'S DAY CELEBRATION ~ JOIN US FOR CAKE AND MUSIC OUTSIDE FRONT DOORS - vaccinated family welcome - masks mandatory - bring own lawn chairs 
8 10:00 WALKING W/ALW'S 2:30 ICE CREAM 3:30 SAIL EXERCISES 	9 10:00 WALKING W/ALW'S 2:00 BINGO 3:30 SAIL EXERCISES 	10 10:00 WALKING W/ALW'S 11:00 FOOD/RESIDENT MEETING IN COFFEE ROOM 1:00 COMMUNITY CHURCH W/PASTOR EVAN 3:30 SAIL EXERCISES GROCERY ORDER FORMS DUE	11 10:00 WALKING W/ALW'S 2:00 PIANO WITH SHARON HARRIES IN COFFEE ROOM 3:30 SAIL EXERCISES 	12 10:00 WALKING W/ALW'S 2:00 LIFELINE CHECKS 2 ND FLOOR 3:30 SAIL EXERCISES CASUAL/JEANS DAY GROCERY DELIVERY	13 10:00 WALKING W/ALW'S 10:30 BUS DOWN TOWN 2:00 BRAIN GAMES IN LIBRARY 3:30 SAIL EXERCISES	14 10:00 WALKING W/ALW'S 2:00 BINGO 3:30 SAIL EXERCISES
15 10:00 WALKING W/ALW'S 2:30 ICE CREAM 3:30 SAIL EXERCISES 	16 10:00 WALKING W/ALW'S 2:00 BINGO 3:30 SAIL EXERCISES	17 10:00 WALKING W/ALW'S 2:00 MOVIE AND POPCORN IN LIBRARY ~ LOOK FOR VOTING FORM ON COFFEE ROOM BULLETIN BOARD TO DECIDE THE MOVIE 3:30 SAIL EXERCISES GROCERY ORDER FORMS DUE	18 10:00 WALKING W/ALW'S 1:30 BUDDS FRIENDS MUSIC ENTERTAINMENT IN GOLDEN ROOM 3:30 SAIL EXERCISES 	19 10:00 WALKING W/ALW'S 2:00 LIFELINE CHECKS 3 RD FLOOR 3:30 SAIL EXERCISES CASUAL/JEANS DAY GROCERY DELIVERY	20 10:00 WALKING W/ALW'S 10:30 BUS DOWN TOWN 2:00 BRAIN GAMES IN LIBRARY 3:30 SAIL EXERCISES	21 10:00 WALKING W/ALW'S 2:00 BINGO 3:30 SAIL EXERCISES 
22 10:00 WALKING W/ALW'S 2:30 ICE CREAM 3:30 SAIL EXERCISES	23 OFFICE CLOSED VICTORIA DAY 10:00 WALKING W/ALW'S 3:30 SAIL EXERCISES	24 10:00 WALKING W/ALW'S 2:00 SING-ALONG W/MARIE 3:30 SAIL EXERCISES GROCERY ORDER FORMS DUE	25 10:00 WALKING W/ALW'S 2:00 PIANO WITH SHARON HARRIES IN COFFEE ROOM 3:30 SAIL EXERCISES 	26 10:00 WALKING W/ALW'S 2:00 LIFELINE CHECKS 4 TH FLOOR 3:30 SAIL EXERCISES CASUAL/JEANS DAY GROCERY DELIVERY	27 10:00 WALKING W/ALW'S 10:30 BUS DOWN TOWN 2:00 ROOM VISITS 3:30 SAIL EXERCISES	28 10:00 WALKING W/ALW'S 2:00 BINGO 3:30 SAIL EXERCISES 
29 10:00 WALKING W/ALW'S 2:30 ICE CREAM 3:30 SAIL EXERCISES 	30 10:00 WALKING W/ALW'S 2:00 BINGO 3:30 SAIL EXERCISES 	31 10:00 WALKING W/ALW'S 1:00 COMMUNITY CHURCH W/PASTOR EVAN 3:30 SAIL EXERCISES GROCERY ORDER FORMS DUE		MOTHERS DAY CELEBRATION MAY 7 TH 1:00 PM 	HAVE GROCERY ORDERS IN BY TUESDAY FOR DELIVERY ON THURSDAY FORMS AVAILABLE IN OFFICE 	PLEASE JOIN US IN COFFEE ROOM AT 10:30 AM AND 3:00PM DAILY 



BIRTHDAYS & ANNIVERSARIES

- SHIRLEY VANCE 5TH
- DENISE GOODWIN 15TH
- SHEILA PEARSON 16TH
- HELEN MCDONALD 26TH
- TED BERGEN 28TH



BUS SCHEDULE

SHOPPING DOWNTOWN EVERY FRIDAY @ 10:30