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best life

GoldenLife 

REAL LIVING™

GOLDENLIFE.CA




















May

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

a GoldenLife  Community

KOOTENAY STREET
Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10am Coffee & Treats (p) 11am Relaxation Class (fr) 2pm Coffee & Treats (p)</p> 	<p>2</p> <p>10am Coffee & Treats (p) 11am Exercise (fr) 2pm Coffee & Treats (p)</p> 	<p>3</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p) 3pm Bean Bag Toss (gr)</p> 	<p>4</p> <p>10am Coffee & Treats (p) 11am Exercise (fr) 1:30pm- Resident Meeting (dr) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p)</p>	<p>5</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) Dorothy 100th Birthday</p> 	<p>6</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p) Walking Group Weather permitting</p>	<p>7</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 2pm- Ice cream Sundaes (p) 3pm Movie & Popcorn (t)</p> 
<p>8</p> <p>10am Coffee & Treats (p) 11am Relaxation Class (fr) 2pm Coffee & Treats (p)</p> 	<p>9</p> <p>10am Coffee & Treats (p) 11am Exercise (fr) 2pm Coffee & Treats (p)</p> 	<p>10</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p) 3pm UNO (p)</p> 	<p>11</p> <p>10am Coffee & Treats (p) 10am-2pm Personal Touch Fashions Shopping (gr) 11am Exercise (fr) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p)</p>	<p>12</p> <p>10am Coffee & Treats (p) 1:30pm Sing Along Buds (p) 2pm Coffee & Treats (p)</p> 	<p>13</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p) Walking Group weather permitting</p>	<p>14</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm Movie & Popcorn (t) "The Wizard of Oz"</p> 
<p>15</p> <p>10am Coffee & Treats (p) 11am Relaxation Class (fr) 2pm Coffee & Treats (p)</p> 	<p>16</p> <p>10am Coffee & Treats (p) 11am Exercise (fr) 2pm Coffee & Treats (p)</p> 	<p>17</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm Bean Bag Toss (gr) 3pm-5pm Happy Hour (p)</p> 	<p>18</p> <p>10am Coffee & Treats (p) 11am Exercise (fr) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p)</p> 	<p>19</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm- Tulip Bingo (p)</p> 	<p>20</p> <p>10am Coffee & Treats (p) 10:30 Catholic Mass (sr) 2pm Coffee & Treats (p) 3pm -5pm Happy Hour (p) Walking Group weather permitting</p>	<p>21</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm Movie & popcorn (t) "African Cats"</p> 
<p>22</p> <p>10am Coffee & Treats (p) 11am Relaxation Class (fr) 2pm Coffee & Treats (p)</p> 	<p>23</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p)</p> 	<p>24</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p) 3pm Snakes and Ladders (p)</p> 	<p>25</p> <p>10am Coffee & Treats (p) 11am Exercise (fr) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p)</p> 	<p>26</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 2pm Planting Flowers (d)</p> 	<p>27</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p) Walking group weather permitting</p>	<p>28</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm Movie & Popcorn (t) "Wonder Woman"</p> 
<p>29</p> <p>10am Coffee & Treats (p) 11am Relaxation Class (fr) 2pm Coffee & Treats (p)</p> 	<p>30</p> <p>10am Coffee & Treats (p) 11am Exercise (fr) 2pm Coffee & Treats (p)</p> 	<p>31</p> <p>10am Coffee & Treats (p) 2pm Coffee & Treats (p) 3pm-5pm Happy Hour (p) 3pm Word Scramble (p)</p> 	<p>Tuck Shop Hours Mon, Wed, Friday 10am-1pm</p> 	<p>Office Closed Monday May 23rd</p> 		<p>Pub (p) Theater (t) Fitness Room (fr) Games Room (gr) Library (l) Dining Room (dr) Social Room (sr) Patio/Deck (d)</p>



BIRTHDAYS & ANNIVERSARIES

Dorothy G May 5th
 Ida G May 5th
 Marite A May 6th
 Catherine R May 6th
 Yvonne V May 8th
 Teresa M May 9th
 Pam B May 14th
 Annette N May 23rd
 Eleanor R May 25th
 Winnie M May 30th

James & Forrest Lewis
 May 24th



BUS SCHEDULE

