

LIVE YOUR
best life
GoldenLife
REAL LIVING™

GOLDENLIFE.CA











May

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

a GoldenLife Community

ROCKY MOUNTAIN
Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 1:30 Snow Valley Church 2:00 Ping It	2 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Raffle Draw	3 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Colouring	4 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Catholic Mass 11:00 Group SAIL Exercises 2:00 Spring Craft	5 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Ice Cream Floats	6 10:00 & 2:00 DAILY Coffee & Snacks 11:00 Group Sail Exercises 2:00 Mother's Day Tea	7 10:00 & 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Word Search
8 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 1:30 Connect 2:00 Aggravation HAPPY MOTHERS DAY!!!!	9 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Shuffleboard	10 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Movie Matinee "Netflix" or "Prepare beds & pots"	11 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Catholic Mass 11:00 Group SAIL Exercises 2:00 Prepare beds and pots	12 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Beehive Craft	13 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 1:30 Coffee with the Chef 2:00 Nails By Kathy & Crafts	14 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Rummy-O
15 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 1:30 Anglican Church 2:00 Movie & Popcorn	16 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Dice	17 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Scrabble	18 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Catholic Mass 11:00 Group SAIL Exercises 2:00 Station Strings	19 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Key Bling	20 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Birthday Party	21 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Ice Cream Floats
22 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 1:30 Snow Valley Church 2:00 Courtyard Tea Party	23 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Victoria day Trivia	24 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Sentimental Journey	25 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Catholic Mass 11:00 Group SAIL Exercises 2:00 Nickle Roulette	26 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 1:30 Community Meeting 2:00 Plant Flowers	27 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Plant Flowers	28 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Ice Cream Floats
29 10:00 & 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 1:30 Connect Church 2:00 Netflix Movie	30 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Outdoor Walk	31 10:00 and 2:00 DAILY Coffee & Snacks 11:00 Group SAIL Exercises 2:00 Pool & Drinks				
						



BIRTHDAYS &
ANNIVERSARIES

May 10th
The Only One.
The Curly One



BUS SCHEDULE

Monthly Bus Outing & Schedule
Will be determined and posted
by Recreation Staff once
available