

LIVE YOUR  
*best life*

**GoldenLife**

REAL LIVING™

GOLDENLIFE.CA









# May

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

*Monthly Activity Calendar*

a GoldenLife Community

**WHISPERING WINDS**  
*Village*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please Let the Front Office Know if You Will Be Away For Lunch or Dinner</b></p>						<p><b>Remember to Respect the 6 Foot Social Distancing</b></p>
<p><b>1</b> 9:00 – 11:00 Coffee &amp; Snack 2:00 – Cinnamon Bun Sunday 2:00 – 4:00 Coffee &amp; Snack <b>6:55- Bridge Club</b></p>	<p><b>2</b> 9:00 – 11:00 Coffee &amp; Snack <b>9:00- Breakfast Club</b> <b>11:00- Get Fit</b> <b>1:30 -Afternoon Bingo</b> 2:00 – 4:00 Coffee &amp; Snack</p>	<p><b>3</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack</p>	<p><b>4</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00 -Get Fit</b> <b>1:00 Around The World</b> 2:00 – 4:00 Coffee &amp; Snack 2:00 – Shuffle Board <b>6:55- Bridge Club</b></p>	<p><b>5</b> 9:00 – 11:00 Coffee &amp; Snack 10:00 -Mental Aerobics <b>11:00 -WW Singers</b> 2:00 – 4:00 Coffee &amp; Snack <b>6:55 -Casual Crib</b></p>	<p><b>6</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00 -Get Fit</b> 2:00 – 4:00 Coffee &amp; Snack <b>5:00 Mothers Day Buffet</b> <b>7:00 -Bingo</b></p>	<p><b>7 Astronomy Day</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics <b>1:00 Mothers Day Crafts with Jean &amp; Shannn</b> 2:00 – 4:00 Coffee &amp; Snack</p>
<p><b>8 Mothers Day</b> 9:00 – 11:00 Coffee &amp; snack 2:00 – Cinnamon Bun Sunday 2:00 – 4:00 Coffee &amp; Snack <b>6:55- Bridge Club</b></p>	<p><b>9</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00- Get Fit</b> 2:00 – 4:00 Coffee &amp; Snack</p>	<p><b>10</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack <b>7:00- Church Services with Eva</b></p>	<p><b>11</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00- Get Fit</b> 2:00 – 4:00 Coffee &amp; Snack <b>5:30 Themed Diner-Italian</b> <b>6:55- Bridge Club</b></p>	<p><b>12</b> 9:00 – 11:00 Coffee &amp; Snack 10:00 -Mental Aerobics <b>11:00 -WW Singers</b> 2:00 – 4:00 Coffee &amp; Snack</p>	<p><b>13 Frog Jumping Day</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00- Get Fit</b> <b>12:00- Men's Luncheon</b> 2:00 – 4:00 Coffee &amp; Snack <b>7:00- Bingo</b></p>	<p><b>14</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack</p>
<p><b>15</b> 9:00 – 11:00 Coffee &amp; Snack 2:00 – Cinnamon Bun Sunday 2:00 – 4:00 Coffee &amp; Snack <b>6:55- Bridge Club</b></p>	<p><b>16</b> 9:00 – 11:00 Coffee &amp; Snack <b>9:00- Breakfast Club</b> <b>11:00- Get Fit</b> <b>1:00 - 4:00- Crib Tournament</b> 2:00 – 4:00 Coffee &amp; Snack</p>	<p><b>17 Pack Rat Day</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack</p>	<p><b>18</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00- Get Fit</b> <b>1:00 Recreation Meeting</b> 2:00 – 4:00 Coffee &amp; Snack 2:00 – Shuffle Board <b>6:55- Bridge Club</b></p>	<p><b>19 May Ray Day</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack <b>6:55 -Casual Crib</b></p>	<p><b>20</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00-Get Fit</b> 2:00 – 4:00 Coffee &amp; Snack <b>7:00- Bingo</b></p>	<p><b>21 Talk Like Yoda Day</b> 9:00 – 11:00 Coffee &amp; Snack 10:00 -Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack</p>
<p><b>22</b> 9:00 – 11:00 Coffee &amp; Snack 2:00 – Cinnamon Bun Sunday 2:00 – 4:00 Coffee &amp; Snack <b>6:55- Bridge Club</b></p>	<p><b>23 Victoria Day</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00 -Get Fit</b> 2:00 – 4:00 Coffee &amp; Snack</p>	<p><b>24</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack <b>7:00- Church Services with Eva</b></p>	<p><b>25 Sing Out Loud Day</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00- Get Fit</b> 2:00 – 4:00 Coffee &amp; Snack 2:00 – Shuffle Board <b>6:55- Bridge Club</b></p>	<p><b>26</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics <b>11:00 -WW Singers</b> 2:00 – 4:00 Coffee &amp; Snack <b>6:55 -Casual Crib</b></p>	<p><b>27</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00- Get Fit</b> <b>12:00 -Men's Luncheon</b> 2:00 – 4:00 Coffee &amp; Snack <b>7:00- Bingo</b></p>	<p><b>28</b> 9:00 – 11:00 Coffee &amp; Snack 10:00 -Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack</p>
<p><b>29</b> 9:00 – 11:00 Coffee &amp; Snack 2:00 – Cinnamon Bun Sunday 2:00 – 4:00 Coffee &amp; Snack <b>6:55- Bridge Club</b></p>	<p><b>30</b> 9:00 – 11:00 Coffee &amp; Snack <b>11:00 -Get Fit</b> <b>1:30- Coffee with the Chef &amp; Resident Meeting</b> 2:00 – 4:00 Coffee &amp; Snack <b>7:00 Prom &amp; Pub Night</b></p>	<p><b>31</b> 9:00 – 11:00 Coffee &amp; Snack 10:00- Mental Aerobics 2:00 – 4:00 Coffee &amp; Snack</p>				<p><b>2022</b></p>



## BIRTHDAYS & ANNIVERSARIES

### Birthdays

May 9<sup>th</sup>  
Jim. J

May 12<sup>th</sup>  
Audrey. M



## BUS SCHEDULE

**Bus Leaves in the Mornings on Tuesdays & Friday**