

LIVE YOUR
best life
GoldenLife

REAL LIVING™

Manager – Ben Bellows
250-428-9986 Ext.203



GOLDENLIFE.CA

MARCH

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

Our meet and
greet with the new
Mayor
Arnold DeBoon!
February 18, 2023



Remembering last March...



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hair Salon 3rd Floor 250-402-8254 Thursdays & Fridays 	Kathy Fowler 250-428-6142 Dana Heppner 1-250-328-4468 Alana Thompson 1-902-402-9744 	Taxi: 250-428-5545  Ivan GO4U groceries 250-402-9648	10:30 Exercises VS 2PM Sing-along VS  6:30 Bingo CH	10:30 Bus Service 10:00 Skip-Bo  6:30 Scrabble CH	10:30 Exercises VS 2PM Music with Lynn Hopcraft VS 	2PM Sudoku Puzzles hosted by Sydney and Joy CH 
1:15 Hymns and Sonas 2PM Blongo Balls VS  7PM Mennonite Singers Village Square	10:30 Exercises VS  2PM 50 Cent Bingo VS	10:30 Bus Service 10:00 Card Games CH 2PM Darts VS  6:30 Canasta CH	International Women's Day! 10:30 Exercises VS 2PM Sing-along VS  6:30 Bingo CH	10:30 Bus Service 10:00 Skip-Bo  6:30 Scrabble CH	10:30 Exercises VS 2PM Tammy from the Creston Museum CH 	3PM Happy Hour Beer & Wine CH 
Daylight Savings Time 12 1:15 Hymns and Songs 2PM Nails for Ladies CH  7PM Mennonite Singers Village Square	10:30 Exercises VS 2PM 50 Cent Bingo VS 3:30 CONCERT IN Care Village Square 	10:00 Card Games CH 2PM Darts VS  6:30 Canasta CH	10:30 Exercises VS 2PM Sing-along VS  6:30 Bingo CH	10:00 Skip-Bo 2PM Craft Project CH  6:30 Scrabble CH	St. Patrick's Day 10:30 Exercises VS 2PM Celebrate St. Patrick's Day VS with the Oddballs  5PM St. Patrick's Day Dinner	2PM Walk the lot with Dot and Sydney 
1:15 Hymns and Songs 2PM Beanie in the Hall 	Spring Equinox 10:30 Exercises VS  2PM 50 Cent Bingo VS	10:30 Bus Service WELCOME BACK, NANCY! 10:00 Card Games CH 1:30 Residents Meeting in the Dining Room 2PM Darts VS 6:30 Canasta CH	10:30 Exercises VS 2PM Sing along VS 1:30 Meeting with Nikki CH  6:30 Bingo CH	10:30 Bus Service 10:00 Skip-Bo  6:30 Scrabble CH	10:30 Exercises VS 2:PM Birthday Tea CH With Slim Young 	2PM Walk the lot with Dot 
1:15 Hymns and Songs 2PM Sudoku Puzzles CH 	10:30 Exercises VS  2PM 50 Cent Bingo VS	10:30 Bus Service 10:00 Card Games CH 2PM Darts VS  6:30 Canasta CH	10:30 Exercises VS 2PM Sing-along VS  6:30 Bingo CH	10:30 Bus Service 10:00 Skip-Bo  6:30 Scrabble CH	10:30 Exercises VS 	Handy Dart (weekdays) Cranbrook Connector Tuesdays and Thursdays 1-877-843-2877 1-855-417-4636



BIRTHDAYS & ANNIVERSARIES

(2) Noreen M
(26) Mary W
(27) Yvonne H
(31) Avril O



BUS SCHEDULE

Bus with Heather
March 2 10:30 a.m. to 11:30 a.m.
March 7 10:30 a.m. to 11:30 a.m.
March 9 10:30 a.m. to 11:30 a.m.
Bus with Nancy
 Tuesdays and Thursdays
 10:30 a.m. to 11:30 a.m.