

LIVE YOUR

best life

GoldenLife

REAL LIVING™

GOLDENLIFE.CA

March

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

a GoldenLife Community

ROCKY MOUNTAIN
Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Ghostrider's BINGO every WEDNESDAY at 7:00PM	1 10:00 Coffee & Snacks 11:00 Mass 11:00 Wednesday Workout 2:00 Rummy-O	2 10:00 Coffee & Snacks 11:00 Thursday Trailblazers 2:00 Crafts	3 10:00 Coffee & Snacks 11:00 Peace-out Qigong 2:00 Crafts	4 10:00 Coffee & Snacks 11:00 Sail Exercises 2:00 ICE CREAM FLOATS
5 10:00 Coffee & Snacks 11:00 Sail Exercises 1:30 Snow Valley 2:00 B-I-N-G-O	6 10:00 Coffee & Snacks 11:00 Move to Music Monday 2:00 Rummy-o	7 10:00 Coffee & Snacks 11:00 Arm Chair Tuesday 2:00 Jeopardy with Julie	8 10:00 Coffee & Snacks 11:00 Mass 11:00 Wednesday Workout 2:00 Pool	9 10:00 Coffee & Snacks 10:30 Talent showcase with refreshments 11:00 Thursday Trailblazers 2:00 Crokinole	10 10:00 Coffee & Snacks 11:00 Peace-out Qigong 1:30 Coffee With Chef 2:00 Armchair Travel to Ireland with Julie	11 10:00 Coffee & Snacks 11:00 Sail Exercises 2:00 Brier Couch Curling
12 10:00 Coffee & Snacks 11:00 Sail Exercises 1:30 Salvation Army 2:00 B-I-N-G-O	13 10:00 Coffee & Snacks 11:00 Move to Music Monday 1:30 Nails by Kathy And crafts	14 10:00 Coffee & Snacks 11:00 Arm Chair Tuesday 2:00 Netflix movie and snacks	15 10:00 Coffee & Snacks 11:00 Mass 11:00 Wednesday Workout 2:00 Word search	16 10:00 Coffee & Snacks 10:00 Irish sing a long with Julie 11:00 Thursday Trailblazers 2:00 Sequence	17 10:00 Coffee & Snacks 11:00 11:00 Peace-out Qigong 2:00 BIRTHDAY PARTY!!!! 	18 10:00 Coffee & Snacks 11:00 Sail Exercises 2:00 Brier Couch Curling
19 10:00 Coffee & Snacks 11:00 Sail Exercises 1:30 United Anglican 2:00 Netflix Movie of choice	20 10:00 Coffee & Snacks 11:00 Move to Music Monday 2:00 Games of Choice	21 10:00 Coffee & Snacks 11:00 Arm Chair Tuesday 2:00 Spring Crafts	22 10:00 Coffee & Snacks 11:00 Mass 11:00 Wednesday Workout 2:00 Rummy-o	23 10:00 Coffee & Snacks 11:00 Thursday Trailblazers 2:00 Puzzles	24 10:00 Coffee & Snacks 11:00 11:00 Peace-out Qigong 2:00 Snakes N Ladders	25 10:00 Coffee & Snacks 11:00 Sail Exercises 2:00 Bocce
26 10:00 Coffee & Snacks 11:00 Sail Exercises 1:30 Connect 2:00 Netflix Movie	27 10:00 Coffee & Snacks 11:00 Move to Music Monday 2:00 BINGO	28 10:00 Coffee & Snacks 11:00 Arm Chair Tuesday 2:00 Spring Crafts	29 10:00 Coffee & Snacks 11:00 Mass 11:00 Wednesday Workout 1:30 Nails by Kathy And Crafts	30 10:00 Coffee & Snacks 11:00 Thursday Trailblazers 1:30 Community Meeting 2:00 Group Social	31 10:00 Coffee & Snacks 11:00 11:00 Peace-out Qigong 2:00 Sequence	



BIRTHDAYS & ANNIVERSARIES

- Irma W March 4th
- June H March 4th
- Marilyn A March 18th
- Betty C March 26th



BUS SCHEDULE

Bus Outings, appointments, shopping schedule posted on bulletin for sign up