

LIVE YOUR

best life

GoldenLife 

REAL LIVING™

GOLDENLIFE.CA

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

a GoldenLife  Community

COLUMBIA GARDEN
Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 APRIL FOOLS DAY	APRIL FOOLS DAY 1 10:30AM MUSIC-SING A LONG 11AM BIBLE STUDIES 1:30PM CARDS/MEMORY GAMES 3PM BINGO	REHAB DAY 2 10AM MASS IN CGV 10:30AM 1-1 STANDING SAIL 11:15AM SITTING SAIL 1:30PM TRANSFER PRACTICE 2PM PEDDLE GROUP 3PM EXERCISE GROUP	10:30AM MUSIC / COLRING / CRAFTS 11AM 1:30PM BUS OUTING 1:30PM CYCLING WITHOUT AGE	REHAB DAY 4 10AM 1-1 TRANSFER PRACTICE & CORE STRENGTH 10:30AM BALL EXERCISES & UPPER AROM 1:30PM WALKING GROUP 2PM FINE MOTER SKILLS 3PM EXERCISE GROUP	AM:HAND PAMPER MASSAGE  PM: PHYSICAL GAME INTERGENERATIONAL 3PM BINGO	 AM: NEWSPAPER READ PM SAT MOVIE MATINEE
7 10:30 AM "GETTING TO KNOW YOU" 2PM VERA READING 2:30PM SUNDAY SUNDAES 3PM OUTDOOR SUNSHINE	8 10:30AM MUSIC-SING A LONG 11AM BIBLE STUDIES 1:30PM SPRING COLORING 3PM BINGO	REHAB DAY 9 10:30AM 1-1 STANDING SAIL 11:15AM GROUP SITTING SAIL 1:30PM TRANSFER PRACTICE 2PM PEDDLE GROUP 3PM EXERCISE GROUP	10 10:30AM BAKING SNACKS 11AM WORD SEARCH & TABLE GAMES 1:30PM CYCLING WITHOUT AGE 3PM PHYSICAL GAMES	REHAB DAY 11 10AM 1-1 TRANSFER PRACTICE & CORE STRENGTH 10:30AM BALL EXERCISES & UPPER AROM 12PM LEGION LUNCH 1:30PM WALKING GROUP 2PM FINE MOTER SKILLS 3PM EXERCISE GROUP	12 AM:HAND PAMPER MASSAGE  PM: PHYSICAL GAME INTERGENERATIONAL 3PM BINGO	13 AM: NEWSPAPER READ  PM SAT MOVIE MATINEE
14 10:30AM "GETTING TO KNOW YOU" 2PM VERA READING 2:30PM SUNDAY SUNDAES 3PM OUTDOOR SUNSHINE	15 10:30AM MUSIC-SING A LONG 11AM BIBLE STUDIES 1:30PM BAKING SNACKS 3PM BINGO	REHAB DAY 16 10AM MASS IN CGV 10:30AM 1-1 STANDING SAIL 11:15AM GROUP SITTING SAIL 1:30PM TRANSFER PRACTICE 2PM PEDDLE GROUP 3PM EXERCISE GROUP	17 10:30AM DAYCARE KIDS 11AM CREATIONS WITH PLAY DOUGH 1:30PM BUS OUTING 1:30PM CYCLING WITHOUT AGE	REHAB DAY 18 10AM 1-1 TRANSFER PRACTICE & CORE STRENGTH 10:30AM BALL EXERCISES & UPPER AROM 1:30PM WALKING GROUP 2PM FINE MOTER SKILLS 3PM EXERCISE GROUP	19 AM:HAND PAMPER MASSAGE  PM; PHYSICAL GAME INTERGENERATIONAL 3PM BINGO	20 AM: NEWSPAPER READ  PM SAT MOVIE MATINEE
21 10:30AM "GETTING TO KNOW YOU" 2PM VERA READING 2:30PM SUNDAY SUNDAES 3PM OUTDOOR SUNSHINE	VOLUNTEER WEEK 22 10:30AM MUSIC-SING A LONG 11AM BIBLE STUDIES 2:00PM VOLUNTEER APPRECIATION CGV AR 3PM BINGO	REHAB DAY 23 10:30AM 1-1 STANDING SAIL 11:15AM GROUP SITTING SAIL 1:30PM TRANSFER PRACTICE 2PM PEDDLE GROUP 3PM EXERCISE GROUP	24 10:30AM BAKING BIRTHDAY CAKE 11AM CONVERSATION CATCH BEACHBALL 1:30PM CYCLING WITHOUT AGE 2:30PM GREG SCOTT BIRTHDAY PARTY	REHAB DAY 25 10AM 1-1 TRANSFER PRACTICE & CORE STRENGTH 10:30AM BALL EXERCISES & UPPER AROM 1:30PM WALKING GROUP 2PM FINE MOTER SKILLS 3PM EXERCISE GROUP	26 AM:HAND PAMPER MASSAGE  PM: PHYSICAL GAME INTERGENERATIONAL 3PM BINGO	27 AM: NEWSPAPER READ  PM SAT MOVIE MATINEE
28 10:30AM "GETTING TO KNOW YOU" 2PM VERA READING 2:30PM SUNDAY SUNDAES 3PM OUTDOOR SUNSHINE	29 10:30AM MUSIC-SING A LONG 11AM BIBLE STUDIES 12:30PM A&W LUNCH 3pm RESIDENT/FAMILY FORUM 	REHAB DAY 30 10:30AM 1-1 STANDING SAIL 11:15AM GROUP SITTING SAIL 1:30PM TRANSFER PRACTICE 2PM PEDDLE GROUP 3PM EXERCISE GROUP			CALENDAR SUBJECT TO CHANGE	



BIRTHDAYS & ANNIVERSARIES

SIEGFRIED. T – APRIL 5TH

SCOTTY. M – APRIL 22ND



BUS SCHEDULE

WED APRIL 3
RADIUM HOT SPRINGS
1:30 PM

WED APRIL 17
LAKE LILLIAN