

LIVE YOUR  
*best life*  
**GoldenLife**

REAL LIVING™

Housing Manager – Kristin Grindle  
250-428-9986

To the world you are  
a mother, but to  
your family you are  
the world. Happy  
Mother's day!



GOLDENLIFE.CA

# May 2024

## Monthly Activity Calendar





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Kathy Fowler</b> 250-428-6142</p>  <p><b>Dana Heppne</b> 1-250-328-4468</p>	<p><b>Taxi:</b> 250-428-5545</p> 	<p><b>Hair Salon 3<sup>rd</sup> Floor</b> 250-402-8254 <b>Thursdays &amp; Fridays</b></p> 	<p>10:30 Exercises VS 1 2:00 Music with Vi &amp; Jack in the CH 2:00 Knit-Wits With Paulette 6:30 CH</p>  	<p>10 to 11:30 Caregivers Support Group VS Village Square</p> 	<p>10:30 Exercises VS 3 2:00 Visit from Tammy Creston Museum CH</p> 	<p>2:00 Poem reading with Nathel in the coffee house</p> 
<p>1:30 Valley View Baptist In the Care Village</p>  <p>7:00 Mennonite Singers vs</p>	<p>10:30 Exercises VS 6 2:00 50 cent VS BINGO 2:15 Ukulele Ladies CH</p>  	<p>2:00 Whisk Dragonfly CH 6:00 Cribbage CH</p> 	<p>10:30 Exercises VS 8 2:00 Knit-Wits in the Village Square 7:00 Blossom Valley Singers Concert VS</p> 	<p>Mass -care activity room 9 9:AM Covid Booster Clinic by Pharmasave In the Coffee House 10 to 11:30 Caregivers Support Group VS</p> 	<p>10:30 Exercises VS 10 2:00 Mother's Day Photo Booth in the Lobby</p> 	<p>2:00 Mother's Day Photo Booth in the Lobby</p> 
<p><b>Happy Mother's Day!</b> 12 1:30 Creston Baptist 2:00 Beanie in the Hole Game VS 5PM Mother's Day Dinner and music with The Odballs</p> 	<p>10:30 Exercises VS 13 2:00 50 cent VS BINGO 2:15 Ukulele Ladies CH</p>  	<p>10 am to Noon <b>OPEN HOUSE!</b> In the Coffee House 6:00 Cribbage CH</p> 	<p>10:30 Exercises VS 15 2:00 Music with Vi &amp; Jack in the CH 2:00 Knit-Wits With Paulette 6:30 CH</p>  	<p>11:00 Mass in the Village Square</p> 	<p>10:30 Exercises VS 17 2:00 Dominos and Card Games in the Coffee House</p> 	<p>2:00 Spring Walk around the block</p> 
<p>1:30 New Life Christian 2:00 Social Hour VS</p> <p>JOIN US FOR <b>Social HOUR</b></p>	<p>10:30 Exercises VS 20 2:00 50 cent Bingo VS</p>  <p>Victoria DAY</p>	<p>1:30 Resident's Meeting Dining Room w/ Kristin 6:00 Cribbage CH</p> 	<p>10:30 Exercises VS 22 1:30 Meeting with Nikki 2pm Visit with the Mennonite Sewing Circle CH 6:30 Bingo CH</p> 	<p>11 am Catholic Mass 23 10:30 Heart to Heart Sing Along Coffee House 2:00 Clothing Thrift Shopping Care Village Activity Room</p> 	<p>10:30 Exercises VS 24 2:00 Birthday Tea CH Music with Joy &amp; Arles</p>  	<p>2:00 Nails for Ladies In the Coffee House</p> 
<p>1:30 Heartland Mennonite Brotherhood 2:00 Lawn Darts VS</p> 	<p>10:30 Exercises VS 27 1:45 50 cent Bingo VS 3:00 Concert in Care Village Square</p> 	<p>2:00 Jewelry Exchange CH 6:00 Cribbage CH</p> 	<p>10:30 Exercises VS 29 2:00 Music with Vi &amp; Jack in the CH 2:00 Knit-Wits VS 6:30 CH</p>  	<p>11:00 Catholic Mass In the Village Square</p> 	<p>10:30 Exercises VS 31 2:00 Hearing Loss Clinic In-Service Coffee House</p> 	<p><b>Ivan GO4U</b> Shopping and groceries 250-402-9648</p> 



**BIRTHDAYS & ANNIVERSARIES**

- (1) Myrna L
  - (6) Gilda G
  - (16) Eva R
  - (16) Hanna T
  - (19) Paul S
  - (22) Larry E
- Welcome Home:**  
Wayne, Anna, Marion, Krystal.

Marion Lloyd – Library Keeper



**BUS SCHEDULE**

**Town Bus Schedule**

- 8:55
- 9:35
- 10:45
- 11:45
- 1:15
- 2:15