

LIVE YOUR

best life

GoldenLife

REAL LIVING™

GOLDENLIFE.CA

May 2024

ACTIVITIES . CELEBRATIONS . EVENTS . RECREATION

Monthly Activity Calendar

a GoldenLife Community

WHISPERING WINDS
Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please Let the Front Office Know if You Will Be Away For Lunch or Dinner</p>			<p>1 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 2:00 – Shuffle Board 6:55 –Bridge Club</p>	<p>2 9:00 – 11:00 - Coffee & Snack 9:00 – Breakfast Club 10:00 - Mental Aerobics 11:00 – WW Singers 2:00 - Canasta 6:55 – Casual Crib</p>	<p>3 Nat. Lumpy Rug Day 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 7:00 - Bingo</p>	<p>4 9:00 –11:00- Coffee & Snack 10:00 - Mental Aerobics 2:00 – 4:00- Coffee & Snack 2:00 - Canasta 6:45 – Music with James. V</p>
<p>5 9:00 – 11:00 - Coffee & snack 2:00 – Cinnamon Bun Sunday 6:55 –Bridge Club</p>	<p>6 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 1:30 – Afternoon Bingo 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta 7:00 - Whist</p>	<p>7 9:00 – 11:00 - Coffee & Snack 10:00 - Mental Aerobics 1:00 – Mother’s Day Tea 2:00 - Canasta 7:00 - Church Services – Baptist Church</p>	<p>8 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 2:00 – Show & Tell 2:00 – Shuffle Board 6:55 –Bridge Club</p>	<p>9 Lost Sock Day 9:00 – 11:00 - Coffee & Snack 10:00 - Mental Aerobics 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta 6:55 – Casual Crib</p>	<p>10 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 12:00 - Men’s Luncheon 2:00 – 4:00 - Coffee & Snack 5:00 – Mother’s Day Buffet 7:00 - Bingo</p>	<p>11 9:00 –11:00 - Coffee & Snack 10:00 - Mental Aerobics 2:00 – 4:00- Coffee & Snack 2:00 - Canasta</p>
<p>12 Mother’s Day 9:00 – 11:00 - Coffee & snack 2:00 – Cinnamon Bun Sunday 6:30 – Rocky View Singers 6:55 –Bridge Club</p>	<p>13 Frog Jumping Day 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 1:30 – Crib Tournament 2:00 – 4:00 - Coffee & Snack 7:00 - Whist</p>	<p>14 9:00 – 11:00 - Coffee & Snack 10:00 - Mental Aerobics 11:00 – Ex. Meeting 2:00 - Canasta 7:00 - Church Services- United Church</p>	<p>15 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 2:00 – Shuffle Board 6:55 –Bridge Club</p>	<p>16 9:00 – 11:00 - Coffee & Snack 9:00 – Breakfast Club 10:00 - Mental Aerobics 11:00 – Resident Sing Along 2:00 - Canasta 6:55 – Casual Crib</p>	<p>17 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 7:00 - Bingo</p>	<p>18 No Dirty Dishes Day 9:00 – 11:00 -Coffee & Snack 10:00 - Mental Aerobics 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta</p>
<p>19 9:00 – 11:00 - Coffee & Snack 2:00 – Cinnamon Bun Sunday 6:55 –Bridge Club</p>	<p>20 Victoria Day 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 7:00 - Whist</p>	<p>21 9:00 – 11:00 - Coffee & Snack 10:00 - Mental Aerobics 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta 7:00 - Church Services – Vertical Church</p>	<p>22 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00- Coffee & Snack 2:00 – Shuffle Board 6:55 –Bridge Club</p>	<p>23 Lucky Penny Day 9:00 – 11:00 - Coffee & Snack 10:00 - Mental Aerobics 1:45 – Bus to Movie Theatre 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta 6:55 – Casual Crib</p>	<p>24 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 12:00 - Men’s Luncheon 2:00 – 4:00 - Coffee & Snack 7:00 - Bingo</p>	<p>25 9:00 – 11:00- Coffee & Snack 10:00 - Mental Aerobics 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta</p>
<p>26 9:00 – 11:00 - Coffee & Snack 2:00 – Cinnamon Bun Sunday 6:55 –Bridge Club</p>	<p>27 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 1:00 – Res, & Chef Meeting 2:00 – 4:00 - Coffee & Snack 7:00 - Whist</p>	<p>28 9:00 – 11:00 - Coffee & Snack 10:00 - Mental Aerobics 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta 7:00 - Church Services – Spring Ridge Church</p>	<p>29 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 2:00 – Shuffle Board 6:55 –Bridge Club</p>	<p>30Hole in my Bucket Day 9:00 – 11:00 - Coffee & Snack 9:00 – Breakfast Club 10:00 - Mental Aerobics 2:00 – 4:00 - Coffee & Snack 2:00 - Canasta 6:55 – Casual Crib</p>	<p>31 9:00 – 11:00 - Coffee & Snack 11:00 - Get Fit 2:00 – 4:00 - Coffee & Snack 7:00 - Bingo</p>	
						



BIRTHDAYS & ANNIVERSARIES

Birthdays

May 9th
Jim. J

May 12th
Audrey. M



Anniversaries

May 17th
Vera & Raymond. C



BUS SCHEDULE

Bus Leaves in the Mornings on Tuesdays & Friday