GoldenLife ACTIVITY CALENDAR





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45 Local-Led Service: Baptist Church12:00 Family Buffet7:00 Resident Choice Movie	10:00 Yoga11:00 Art Class2:00 Armchair Travel3:00 Horseshoes4:00 Karaoke7:00 BINGO	 10:00 Relaxation Yoga 11:00 Card Games 1:30 Ice Cream Sundaes 2:00 Bus Trip: Art Gallery 7:00 Needlework Club 3 	 10:00 Wii Virtual Bowling 11:00 Golden Grams: Social Media for Seniors - Guest Speaker 1:00 Hearing Aid Clinic 7:00 Cribbage 	10:00 Groove & Move1:00 Bus Trip: Casino2:00 Book Club7:00 Dance Night	10:00 Chair Yoga11:00 Snooker2:30 Shuffleboard7:00 BINGO	10:00 Pet Therapy11:00 Pottery Class2:00 Nature Walk7:00 New Movie Night
 10:45 Local-Led Service: Community Church 1:00 Men's Poker 7:00 Resident Choice Movie 	 10:00 Move it Monday 11:00 Holiday	10:00 Relaxed Aerobics11:00 Card Games1:00 Learn to Knit7:00 Wine & Paint Night	10:00 Groove & Move11:00 Book Club3:00 Anniversary Cake Cutting7:00 Art Night	 10:00 Chair Yoga 12:00 Bread Baking 1:00 Pub Social 2:30 Lemonade Paint Party 7:00 Dance Night 	 10:00 Garden Morning 1:00 Bus Trip: Farmer's Market 6:00 Ice Cream Sundaes 7:00 Live Band 	 10:00 Pet Therapy 11:00 Musical Entertainment 1:00 Bridge 7:00 50s Movie Night
 10:45 Local-Led Service: Catholic Mass 12:00 Family Buffet 7:00 Resident Choice Movie 	 10:00 Groove & Move 11:00 Exploration Time: Local Travel Tips - Guest Speaker 1:30 Shuffleboard 3:00 Hawaiian Luau 7:00 BINGO 	10:00 Relaxation Yoga11:00 Card Games1:00 Bus Trip: Local Mountain Viewing7:00 Tile Rummy	10:00 Garden Morning11:00 Book Club1:00 Hearing Aid Clinic7:00 Carpet Bowling	10:00 Dance Exercises11:00 Bus Trip: Museum1:00 Matinee Movie7:00 Dance Night	10:00 Noodle Ball11:00 Card Games1:00 Floor Curling3:00 Musical Trivia7:00 BINGO	10:00 Pet Therapy11:00 Art Class2:00 Nature Walk7:00 Throwback Movie Night
 10:45 Local-Led Service: United Church 12:00 Family Buffet 3:00 Jewelry Swap 7:00 Resident Choice Movie 	10:00 Outdoor Walk12:00 Outdoor Picnic2:00 Corn Hole7:00 Cribbage	10:00 Tai Chi1:00 Village Singers3:00 Dance Class7:00 Card Games	10:00 Relaxed Aerobics11:00 Bus Trip: Movie Theatre2:00 Book Club7:00 BINGO	10:00 Groove & Move11:00 Dominoes1:00 Monthly Birthday Cake Celebration7:00 Beer & Baseball	10:00 Relaxation Yoga1:30 Ice Cream Sundaes2:30 Horseshoes7:00 BINGO	 10:00 Pet Therapy 11:00 Musical Entertainment 1:00 Bridge 7:00 Classic Movie Night
22	23	24	25	26	27	28



Friday the 6th Tuesday the 10th Thursday the 19th Patrick M

Karen P

Jim C

Tuesday the 24th

Sherry S



