

# ACTIVITY CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10:45</b> Local-Led Service: Baptist Church <b>11:00</b> Brunch <b>7:00</b> Resident Choice Movie 1	<b>10:00</b> Yoga <b>11:00</b> Crafts: Flowerpot Painting <b>2:00</b> Armchair Travel <b>3:00</b> Horseshoes <b>4:00</b> Karaoke <b>7:00</b> BINGO 2	<b>10:00</b> Relaxation Yoga <b>11:00</b> Card Games <b>2:00</b> Bus Trip: Indoor Botanical Garden <b>7:00</b> Needlework Club 3	<b>10:00</b> Wii Virtual Bowling <b>11:00</b> Golden Grams: Social Media for Seniors – <b>Guest Speaker</b> <b>1:00</b> Hearing Aid Clinic <b>7:00</b> Cribbage 4	<b>10:00</b> Groove & Move <b>1:00</b> Bus Trip: Casino <b>2:00</b> Book Club <b>7:00</b> Dance Night 5	<b>10:00</b> Chair Yoga <b>11:00</b> Soup Making/ Tasting <b>2:30</b> Shuffleboard <b>7:00</b> BINGO 6	<b>10:00</b> Pet Therapy <b>11:00</b> Pottery Class <b>2:00</b> Nature Walk <b>7:00</b> New Movie Night 7
<b>10:45</b> Local-Led Service: Community Church <b>1:00</b> Men's Poker <b>7:00</b> Resident Choice Movie 8	<b>10:00</b> Move it Monday <b>11:00</b> Aromatherapy Session <b>3:00</b> Golden Gym: Health & Fitness Over 50 – <b>Guest Speaker</b> <b>7:00</b> Cribbage 9	<b>10:00</b> Relaxed Aerobics <b>11:00</b> Outdoor Picnic <b>1:00</b> Learn to Knit <b>7:00</b> Wine & Paint Night 10	<b>10:00</b> Groove & Move <b>11:00</b> Book Club <b>3:00</b> Anniversary Cake Cutting <b>7:00</b> Art Night 11	<b>10:00</b> Chair Yoga <b>1:00</b> Bird Watching <b>2:30</b> Lemonade Paint Party <b>7:00</b> Dance Night 12	<b>10:00</b> Garden Morning <b>1:00</b> Pub Social <b>6:00</b> Ice Cream Sundaes <b>7:00</b> Live Band 13	<b>10:00</b> Pet Therapy <b>11:00</b> Musical Entertainment <b>1:00</b> Bridge <b>7:00</b> 50s Movie Night 14
<b>10:45</b> Local-Led Service: Catholic Mass <b>11:00</b> Brunch <b>7:00</b> Resident Choice Movie 15	<b>10:00</b> Groove & Move <b>11:00</b> Exploration Time: Local Travel Tips – <b>Guest Speaker</b> <b>1:30</b> Shuffleboard <b>3:00</b> Crafts: Bird Feeder Building <b>7:00</b> BINGO 16	<b>10:00</b> Relaxation Yoga <b>11:00</b> Card Games <b>1:00</b> Bus Trip: Farmers' Market <b>7:00</b> Tile Rummy 17	<b>10:00</b> Garden Morning <b>11:00</b> Book Club <b>1:00</b> Hearing Aid Clinic <b>7:00</b> Carpet Bowling 18	<b>10:00</b> Dance Exercises <b>11:00</b> Bus Trip: Museum <b>1:00</b> Crafts: Floral Embroidery <b>7:00</b> Dance Night 19	<b>10:00</b> Noodle Ball <b>11:00</b> Tea & Biscuits <b>1:00</b> Floor Curling <b>3:00</b> Musical Trivia <b>7:00</b> BINGO 20	<b>10:00</b> Pet Therapy <b>11:00</b> Art Class <b>7:00</b> Throwback Movie Night 21
<b>10:45</b> Local-Led Service: United Church <b>11:00</b> Brunch <b>3:00</b> Jewelry Swap <b>7:00</b> Resident Choice Movie 22	<b>10:00</b> Outdoor Walk <b>1:00</b> Game Day: Table Hockey <b>2:00</b> Corn Hole <b>7:00</b> Cribbage 23	<b>10:00</b> Tai Chi <b>1:00</b> Village Singers <b>3:00</b> Rock Collecting <b>7:00</b> Card Games 24	<b>10:00</b> Relaxed Aerobics <b>11:00</b> Bus Trip: Movie Theatre <b>2:00</b> Coffee & Squares Social <b>7:00</b> BINGO 25	<b>10:00</b> Groove & Move <b>11:00</b> Dominoes <b>1:00</b> Monthly Birthday Cake Celebration <b>7:00</b> Spring Sock Hop 26	<b>10:00</b> Relaxation Yoga <b>1:30</b> Ice Cream Sundaes <b>2:30</b> Horseshoes <b>7:00</b> Family Buffet 27	<b>10:00</b> Pet Therapy <b>11:00</b> Musical Entertainment <b>1:00</b> Bridge <b>7:00</b> Classic Movie Night 28

## BIRTHDAYS

HAPPIEST BIRTHDAY TO:

Monday the 3<sup>rd</sup> **Judy H**  
 Wednesday the 12<sup>th</sup> **Jonathon K**  
 Friday the 21<sup>st</sup> **Francine D**  
 Monday the 24<sup>th</sup> **Henry T**



**Coffee Break**  
 10:00/2:00 daily  
**Happy Hour**  
 3:00 daily